

## Osmo Prep Dosing

You must have clear liquids only all day the day before!

*The Day before the Procedure beginning at 4pm take 4 tablets:*

4PM Take 4 tablets with 8oz of clear liquid.

4:15 Take 4 tablets with 8oz of clear liquid.

4:30 Take 4 tablets with 8oz of clear liquid.

4:45 Take 4 tablets with 8oz of clear liquid.

5PM Take 4 tablets with 8oz of clear liquid.

*\*Continue clear liquids as desired up until midnight.*

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*The Night before the Procedure beginning at 9pm take 4 tablets:*

9PM Take 4 tablets with 8oz of clear liquid.

9:15 Take 4 tablets with 8oz of clear liquid.

9:30 Take 4 tablets with 8oz of clear liquid.

*Colonoscopy prep will result in a significant loss of fluid. This can cause significant dehydration. It is important that you drink extra clear liquids the day before your colonoscopy. You **MUST NOT** drink or eat anything after midnight the night before the procedure.*

***\*\*The tablets can begin working within an hour\*\****